



**UTAH PARENT CENTER**

**E-CONNECTIONS**

SEPTEMBER 19, 2007 EDITION

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**IN THIS EDITION:**

New Special Education Rules Approved by Utah State Board of Education.....1  
 Autism: The Musical.....1  
 Learning Disabilities Association of Utah Plans New Events .....2  
 Mobility – Interactive Mobiles Created by Kindred Spirits Artists .....2  
 What Happens After Graduation: Employment Options for Young Adults with Disabilities .....2  
 Beijing 2008 .....2  
 Kindred Spirits 2007 Fall Session .....3  
 Star Search!!! .....3  
 Neurobehavior HOME Program's Parent Education Series .....3  
 Health-e Connections .....4  
 Resources and Information .....9  
 A Huge Victory for Mental Health Insurance Coverage .....9  
 Current and Upcoming Events .....10  
 -----  
 Search the Internet – Help the UPC ..... 17  
 CityDeals.com and the Utah Parent Center .. 17  
 Utah Parent Center Information Disclaimer... 17

**NEW SPECIAL EDUCATION RULES APPROVED BY UTAH STATE BOARD OF EDUCATION**

The New Utah State Special Education Rules for implementing the Regulations fro IDEA 2004 were approved by the Utah State School Board on Sept. 15, 2007. They have been posted on the USOE website and can be accessed through the following link---- <http://www.schools.utah.gov/sars/lawsregs/rules.htm>.

Congratulations to the staff of the USOE and to all of the many stakeholders who participated in the development of the rules! It has been a long process and a huge undertaking. The USOE is to be complemented on their commitment to working with all of the stakeholders. The new rules offer a wealth of information that will be helpful to all of us as we work for great school programs for our children. We encourage parents to be use the rules as a resource when they have questions.

The staff of the Utah Parent Center is working to finalize our parent training materials so that they will reflect what is in the rules. Watch our website for updated materials. In the meantime, we are continuing to offer IEP workshops

around the state, and we encourage parents who have not been through this training to participate. For details on when workshops are being held, please see the calendar below. For information on requesting a workshop for your group, please contact us at 272-1051 or 1-800-468-1160.

**AUTISM: THE MUSICAL**

Autism Speaks is delighted to share with its supporters the opportunity to experience an exceptional film that seeks to shatter the myths and expectations of children with autism.

As partners in this journey to support and give hope to Utah's Autism Community.

We would like to invite you to join them for "Autism: The Musical" it will be TONIGHT at 7:30 p.m. at Trolley Square Cinema; 602 East 500 South; Salt Lake City, Utah. There is limited seating available, so please RSVP to Amy Baker by calling (801) 520-6030.

Autism: The Musical is an uplifting documentary that follows the lives of five autistic children and their families as they create, prepare, and perform a live musical play. This candid and heartfelt film was shot in Los Angeles and is based on Elaine Hall's Miracle Project. In addition to winning the Audience Award at the Newport International Film Festival, this critically acclaimed documentary was an official selection of the Tribeca Film Festival.



### THE LEARNING DISABILITIES ASSOCIATION OF UTAH PLANS NEW EVENTS

The Learning Disabilities Association of Utah (LDAU) is pleased to announce a series of seminars regarding learning disabilities. Please watch the calendar below for details. On October 17, Janet Gibbs, Learning Disabilities Specialist at the Utah State office of education, will speak about how the public schools can serve students with learning disabilities. The public is invited.

Please watch future issues of the e-news for information on support groups in Utah County as well as information on the **International Learning Disabilities Conference to be held in Salt Lake City in March of 2009**. In the near future information on these events will be available at [www.ldau.org](http://www.ldau.org)

### MOBILITY – INTERACTIVE MOBILES CREATED BY KINDRED SPIRITS ARTISTS

Kindred Spirits is excited to announce their upcoming show: "Mobility". Artists include: Jacob Adler, Clara Adler, Masha Flinn, Gabriel Grutter, Leah Grutter, Iann Harr, Detlef Steed, Julius Steubing, Adam Persels, Sam Weyrich, Sarah Weyrich, and Celina Wollsieffer. Artist residency under the direction of Lenka Konopasek and Cordell Taylor.

Art Access Gallery

September 21 – October 12, 2007

Artists' Reception will be on Friday, September 21, 2007 from 6:00 – 9:00 p.m.

Regular gallery hours are Monday – Friday from 10:00 a.m. – 6:00 p.m.

(801) 328-0703

The gallery is sponsored by generous grants from George S. & Dolores Dore Eccles Foundation, the Utah Arts Council, and the Salt Lake City Arts Council. Art Access is supported with funds from Salt Lake County's Zoo, Arts, & Parks Programs.

### WHAT HAPPENS AFTER GRADUATION: EMPLOYMENT OPTIONS FOR YOUNG ADULTS WITH DISABILITIES

Presented by the Utah Supported Employment Project

Tuesday, October 16, 2007; 6:30 p.m. – 8:00 p.m.

South Valley School; 8400 South Redwood Road; West Jordan, Utah

Young adults with disabilities face many challenges in finding and maintaining employment after they transition from school. Because of these challenges, young adults with disabilities and their parents are invited to this workshop to discuss ways to improve post-school employment options. During this workshop we will explore:

- The adult service system,
- Social Security,
- Skills that promote employability of young adults with disabilities,
- Advocacy,
- Natural supports,
- Soft Skills, and
- Talking to potential employers.

Presented by: Tim Riesen, Ph.D.; Utah Supported Employment Project, Department of Special Education; and Nonie Lancaster, Human Capabilities, LLC.

For more information, contact Tim Riesen at (801) 585-3154 or [Tim.Riesen@ed.utah.edu](mailto:Tim.Riesen@ed.utah.edu). For more information, visit: <http://ed.utah.edu/set/Supported%20employment.html>.

### BEIJING 2008

The Paralympic Academy wants you to go to Beijing for the Paralympic games in 2008.

The Paralympic Academy is an educational program which is giving students with physical disabilities the opportunity to travel to the Beijing games. How do I apply? Applications are being accepted until April 1, 2008. For the applications and additional information please click here: [www.usparalympics.org](http://www.usparalympics.org).

**KINDRED SPIRITS 2007 FALL SESSION**

Artists Louise Fischman and Wayne Geary will be working with Kindred Spirits participants to design and construct a mixed media tile mural that will be installed at Primary Children’s Medical Center. All supplies and materials are included with your registration fee (\$90 for early registration; \$100 regular registration; \$10 off for siblings) tuition can be paid in two installments)...but if you have something to add, please do!  
 The “Tiled” sessions will be held on Wednesdays, September 26 – November 16 from 4:30 – 6:00 p.m. and on Thursdays from September 27 – November 17 from 4:30 – 6:00 p.m.  
 You won’t want to miss out on this opportunity! Sign up today! For more information on this session, as well as Kindred Spirits, please call (801) 232-1430 or visit: [www.kindredspiritsart.org](http://www.kindredspiritsart.org).

**STAR SEARCH!!!**

Catrine McGregor will be in Salt Lake City casting a film called “The Jerk Theory” about a high school senior who reads that women are more attracted to jerks than nice guys, so he tries to prove the theory. The filmmakers have chosen to reveal his true loving persona through his young sister (7 -10 years old) who has Down syndrome. The boy’s relationship with her and his parents is sweet and special. At no point is the little girl made fun of in any way! If you have a daughter with Down syndrome between the ages of 7 and 10 that you would like to have audition for the part, you will need to be at the Actor’s Lounge (565 East 4500 South, Building 565, Suite A-110 in Murray) on Monday September 24 between the hours of 4:00 - 6:00 p.m.

**NEUROBEHAVIOR HOME PROGRAM’S PARENT EDUCATION SERIES**

Our informative presentations provide quality information, answer questions you haven’t yet asked, and give you an opportunity to network with other people caring for individuals with special needs. The series was developed for our patients’ caregivers. Light refreshments will be served.

Topic	Presenter	Date	Time
Transitional Planning & Guardianship	Taryn Nicksic-Springer, M.Ed.	Thursday, September 27, 2007	4:30–5:30 P.M.
Coordinating Services (School, DSPD, & DCFS)	Amanda Simmons & Jamie Wuthrich, DSPD Sup. Coord.	Tuesday, October 2, 2007	3:30–4:30 P.M.
Making the Decision to Move the Child Out of the Family Home and Other Hard Choices	Edna M. Wilcock, R.N., LCSW	Wednesdays, <b>(4 WEEK GROUP)</b> October 3, 10, 17, & 24	5:00–6:00 P.M.
Behavior Supports – The Essentials	Stephanie O’Brien, M.S.	Wednesday, October 10, 2007	10:00-11:30 A.M.
Behavior Supports – The Crisis Cycle	Stephanie O’Brien, M.S.	Wednesday, October 17, 2007	10:00-11:30 A.M.
Medications— The Good, the Bad, and the Ugly	Bonnie Anderson, Nurse Practitioner	Thursday, October 25, 2007	5:00–6:00 P.M.
Health Benefits & Insurance / Community Resources and Activities	Kim Treadway, Billing Specialist / Patricia Galbraith, LCSW	Thursday, November 01, 2007	4:00–5:00 P.M.

**Location:** Neurobehavior HOME Program  
 650 South Komas Drive, Suite 200  
 Salt Lake City, Utah 84108

**Contact Person:** Patricia Galbraith, LCSW  
 801- 585-1943

**NEW PORTION OF THE UPC’S E-CONNECTIONS – HEALTH-E CONNECTIONS**

Utah Family Voices, Family to Family Health Information Center will be contributing regularly to the UPC’s E-Connections newsletter. We are very excited to include the VERY FIRST issue of Health-e Connections on the following pages. You won’t want to miss this important information!!!

# Health—E Connections

## Utah Family Voices Health Information Center

♥ Volume One  
♥ Issue # 1  
♥ Sept. 2007

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### Letter from the Editor



*Welcome to our first issue of the Health-E Connections monthly newsletter from Utah Family Voices. Utah Family Voices is a Health Education and Information Center located at the Utah Parent Center in Salt Lake City. Our goal is to help families meet the needs of their children with special health care needs by providing up to date information, education, resources and support. This monthly post will include local and national news, resource information, and educational opportunities for families of children with special health care needs. Please enjoy this first issue, and if you have feedback or suggestions, please contact me at [tinap@utahparentcenter.org](mailto:tinap@utahparentcenter.org)*

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## Definition of Children and Youth with Special Health Care Needs: (CYSHCN)

are those who have or are at increased risk for a chronic physical, developmental, behavioral, or emotional condition and who also require health and related services of a type or amount beyond that required by children generally. Studies have found the prevalence of children in the Utah meeting these criteria to be 11% of Utah's children.

## What is a Medical Home?

A Medical Home is **not** a building, house or hospital, but rather a **family-centered approach** to providing health care in a high quality and cost effective manner. Primary care providers, families, and allied health care professionals act as **partners** to identify and access all the medical and non-medical services needed to help Children and Youth with Special Health Care Needs (CYSHCN) and their families achieve their maximum potential. The American Academy of Pediatrics (AAP) describes the ideal Medical Home as one that provides "**accessible, continuous, comprehensive, family centered, coordinated, compassionate, and culturally effective care.**"

One of the tools that can be very effective is having a patient record keeping notebook to share information between providers and help a family have all the relevant information organized in an effective way. You can see print out a copy of a Utah Care Notebook at [http://www.medhomeportal.org/sections/index.cfm?section\\_id=1&section\\_content\\_id=26&](http://www.medhomeportal.org/sections/index.cfm?section_id=1&section_content_id=26&) or you can look at many different samples and build your own at [http://medicalhomeinfo.org/tools/care\\_notebook.html](http://medicalhomeinfo.org/tools/care_notebook.html)

For more information on Medical Home visit the Utah MedHome Portal at <http://www.medhomeportal.org/>



## **Pediatric Hearing Aid Loaner Bank Established by Oticon**

Oticon Pediatrics has unveiled a program designed to assist hearing care professionals in providing care for infants and toddlers newly identified with hearing loss.

The Loaner Bank provides hearing instruments for a 3-month period to children under the age of 3 while arrangements for third-party reimbursement are secured or while cochlear implant evaluation is underway. A range of Oticon hearing instruments will be offered. An EarGear hearing aid retention device will be provided with each loaner hearing instrument order.

(continued)

To utilize the Loaner Bank, hearing care professionals must have an Oticon account and complete a one-time application to participate in the program. Upon acceptance, practitioners must verify they have completed training on Oticon fitting software and the available loaner hearing instruments. Hearing care professionals must also submit a request form for each child requesting hearing aids. There is no fee to participate in the program.

For more information about the Oticon Pediatrics Loaner Bank Program, contact Maureen Doty-Tomasula at 888-OTI-PED1 (1-888-684-7331).

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## **SCHIP Reauthorization Bill-Moves to Conference Committee**

After a great deal of debate and political wrangling, both the House and the Senate have passed versions of a bill to reauthorize the SCHIP program. The SCHIP bill will now go to conference. There are significant differences between the two versions of the bill, but the most prominent is the difference in funding. The Senate bill authorizes \$35 billion over the next five years and the House version contains \$50 billion. The Conference Committee will begin their work in September following the August Congressional Recess. SCHIP Advocates worked very hard to move this bill in Congress!!!! There will be more work during September while the bill is conferenced. Perhaps most concerning is that the Administration has gone on the record stating that the President will veto the SCHIP bill because it contains more than \$5 billion for the next five years. Please continue to watch Friday's Child for more information. Please use the [Family Voices Legislative Action Center](#) to contact your congressional delegation. Additionally, please gear up families and friends of children and youth with special health care needs to contact the White House regarding the veto in the Fall.

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## **Parents Become Equal Partners with Health Care Providers**

Family Voices was well represented recently at the American Academy of Pediatrics (AAP) *Future of Pediatrics* Conference, June 29-July 1, 2007 in Orlando, FL. Family Voices Network members and Family to Family Health Information Center staff attended.

FV leaders reported that being invited parent leaders allowed them, collectively, to take some crucial "first steps" toward family-centered care and toward further incorporating the family perspective and children and youth with special health care needs in professional information and resources. Participants that had the chance to talk with providers found many pediatricians committed to the concept of Medical Home, to incorporating the concept into their private practices, and to providing better care to CYSHCN. While there have been inroads made to address issues of cultural competence, parent leaders shared that the lack of cultural competency continues to be a barrier to family centered care.

Participants observed that physicians are making an effort to partner with families, both in their own communities and at the state level. Several parent leaders found the sessions in which parents and professionals presented together were the most helpful, and one suggested that shared sessions in the future could take the conversation to the next level—for example, “what can I do tomorrow to improve my practice?” Participants left with information to share on transition, immunization records, emergency preparedness, and residency programs, as well as examples provided to enhance medical notebooks and personal health profiles.



Family leaders learned that we must continue to create opportunities for families and physicians to dialogue. Additionally, we must continue to reach out not just to physicians but to their office staff, who are often the first persons we see when we come in for a visit. As parent leaders, we are grateful for the professionals who work tirelessly with us to advance the concept of Medical Home. As leaders, we need to be sure we are helping each other learn, as Brad Thompson stated,

“how to build these relationships in ways that encourage [professional] groups to see us as peers, not just ‘parents.’”



## National News—What are other states doing to fight Autism?

### AUTISM BILLS SIGNED INTO LAW

**New Jersey-** A bill package sponsored by Senators Loretta Weinberg and Joseph Coniglio, designed to increase and improve available resources for families and individuals living with autism, was signed into law today by Governor Jon Corzine. The bills were signed at the Eden Institute, a non-profit organization which provides educational and vocational services to adults and children living with autism.

Autism is a neurological developmental disability that impacts brain development in the areas of communication skills, social interaction and cognitive function. People living with autism often struggle with verbal and non-verbal communication and social interaction.

"According to federal statistics, New Jersey has the highest number of autism cases in the nation," said Senator Weinberg, D-Bergen. "We are still learning about the autism spectrum disorders, but while we are learning, we must be able to provide much-needed assistance to families living with autism. As the number of residents living with autism increases, we must have the resources in place to provide them with support programs as we work to find ways of decreasing autism rates in New Jersey and around the world."

"The number of autism cases is increasing here in New Jersey, and around the world," said Senator Coniglio, D-Bergen. "Statistics say that one child in 94 will be born with autism, and we must be prepared to provide their families with the support and resources they need."

One measure, S-2569, sponsored by Senators Weinberg and Coniglio, extends funding for autism medical research and treatment. The new law amends the law that had been in place by removing the five-year sunset provision for a \$1 surcharge on each motor vehicle moving violation to be deposited in the "Autism Medical Research and Treatment Fund." The law will help provide a permanent funding source for autism research.

A second measure, S-2568, concerns early intervention programs for children with autism. Under the new law, the Department of Health and Senior Services' Early Intervention Program (EIP) will be responsible for creating initiatives to help address the needs of autistic children and their families. The EIP will work with the Governor's Council for Medical Research and Treatment of Infantile Autism and other autism groups around New Jersey to develop treatment guidelines for health care professionals to follow when working with autistic infants and toddlers.

The EIP will also be responsible for referring autistic infants, toddlers and their families to different schools, community groups and organizations offering programs designed to meet the needs of children living with autism.

"When dealing with autism, early intervention is important," said Senator Weinberg. "If families of autistic infants are aware of available educational and life skills training, these children can learn how to deal with the disease at an early age. The law will also help to

provide support systems for families of autistic children, so that they can share experiences, concerns, and learn more about the autism spectrum disorders."

"All too often, parents of special needs children are left feeling helpless and unable to provide the educational opportunities and support their children need," said Senator Coniglio. "This new law will create support groups, and help make families aware of the resources that are available to help provide their autistic children with the educational training they need to become productive members of society."

A third measure, S-2558, will make training in autism awareness a condition of teacher licensure. The law calls upon the Commissioner of Education to work with the Commissioner of Health and Senior Services and autism education groups to develop coursework dealing with the characteristics and needs of autistic students. The coursework will be included in the curriculums of every college or university in New Jersey offering teacher or paraprofessional certification.

Another Weinberg/Coniglio-sponsored measure, S-690, calls upon the Department of Human Services to develop statewide educational, vocational and social services to help benefit adults living with Asperger's Syndrome. Asperger's Syndrome is a developmental disorder characterized by autistic-like behaviors, such as deficiencies in social and communication skills. Those living with the disorder tend to be self-absorbed and often display obsessive or repetitive routines. Asperger's differs from traditional autism in that it is not usually diagnosed until adulthood, said Senator Weinberg.

"By making these resources available to residents living with Asperger's Syndrome, they will be able to gain increased independence and work toward living as self-sufficiently as possible," said Senator Coniglio.

A similar measure, S-2559, was also signed. This new law establishes the New Jersey Adults with Autism Task Force within the Department of Human Services, to study, evaluate and develop recommendations for support, job training and placement, housing and long-term care programs for autistic adults.

Governor Corzine also signed, S-698, a measure to increase the membership of the Governor's Council for Medical Research and Treatment of Autism.

Lastly, S-2306, which requires the Department of Health and Senior Services to maintain a registry of reported autism diagnoses, became law today.

"New Jersey's high autism rate is an incentive to take the lead on autism research throughout the nation," Senator Weinberg said.

"New Jersey is a world leader in many areas of medical research, and it is my hope that this bill package that was signed today will help increase awareness and funding for autism research," said Senator Coniglio. —*New Jersey Senate Democrat Website*

## Check out these Links



### ♥ Handbook - Help Me Understand Genetics

Help Me Understand Genetics presents basic information about genetics in clear language and provides links to online resources. From the Genetics Home Reference, part of the National Center for Biomedical Communications, U.S. National Library of Medicine, National Institutes of Health Published August 31, 2007 Download PDF Version: <http://ghr.nlm.nih.gov/handbook.pdf> or view web version: <http://ghr.nlm.nih.gov/handbook>

### ♥ Drug Interaction Checker

Check for drug interactions in a regiment of two or more drugs, you can add up to 20 drugs. By Medscape from WebMD. This site is for health professionals but you can register and receive information to share with your primary care physician. <http://www.medscape.com/druginfo/druginterchecker?src=ads>

### ♥ Utah Clicks!

Remember—you can apply for health care programs such as Medicaid, CHIP, WIC, Early Intervention and CSHCN online at [www.utahclicks.org](http://www.utahclicks.org) this is a very simple, one step way to apply for all state services.



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## Upcoming Events



### October is Early Intervention Awareness Month!

Come and participate in some FUN AUTUMN ACTIVITIES and explore what BABY WATCH EARLY INTERVENTION offers your COMMUNITY!

**Date:** October 6, 2007

**Time:** 11:00 am – 1:00 pm

**Location:** C.S.H.C.N. Building 44 N. Medical Drive, S.L.C. (South of Primary

Children's Medical Center)

**Activities:** Food & Fun!!! Pumpkin Decorating, Spotlight on Early Intervention Kids

**Note:** All Early Intervention families—we would like to spotlight you at this October Early Intervention Awareness Event. Please send photographs to: [Jenny.simmons@gmail.com](mailto:Jenny.simmons@gmail.com)

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### **PCMC Rehabilitation Service—Family Seminar**

**Understanding and Managing Difficult Behaviors in Children with Neurological Conditions:**

*Why is my child struggling and how can I help?*

These questions will be addressed:

- ♥ Does my child's neurologic condition lead to behavioral difficulties?
- ♥ How can I better understand my child's behavior?
- ♥ What can I do to improve my child's behavior?
- ♥ What medications might help improve behavior?

Speakers will include

- ♥ Dr. Julien Smith, PhD, Pediatric Neuropsychologist
- ♥ Dr. Kirk Simon, M.D., Pediatric Psychiatrist

**DATE:** September 26, 2007

**TIME:** 6:30 pm

**Location:** PCMC Rehab Taylorsville (3845 W 4700 S)

\*Please RSVP to 840-4360 \*Light refreshments will be served \*Parents/Caregivers Only Please



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## RESOURCES AND INFORMATION

### A HUGE VICTORY FOR MENTAL HEALTH INSURANCE COVERAGE

September 18, 2007; Senate Passes Mental Health Parity Bill; By THE ASSOCIATED PRESS; Filed at 9:31 p.m. ET  
nytimes.com

WASHINGTON (AP) -- The Senate passed legislation Tuesday night that would require equal health insurance coverage for mental and physical illnesses when policies cover both. The bill, which passed by unanimous consent, moves advocates one step closer in their years-long quest for a concept known as mental health parity.

"The passage tonight of the Mental Health Parity bill underscores our commitment to treat all patients facing all diseases with the dignity and respect they deserve," said Sen. Edward Kennedy, D-Mass. "This new legislation will bring dramatic new help to millions of Americans who today are denied needed mental health care and treatment."

Passage came on the same day that supporters inundated House Speaker Nancy Pelosi's office, urging a vote on mental health parity legislation in the House. The call-in was organized by Wellstone Action, a group founded to carry out the work of the late Sen. Paul Wellstone, D-Minn., who had championed the legislation for years. The House version is called the "Paul Wellstone Mental Health and Addiction Equity Act."

Wellstone Action is urging a House vote by the middle of next month. The bill has 270 co-sponsors, more than half of the House membership. Pelosi spokesman Brendan Daly said that the speaker supports the legislation and would like it to come to a vote on the floor soon. He said a mid-October vote was a realistic target.

The bill is sponsored by Kennedy's son, Rep. Patrick Kennedy, a Rhode Island Democrat who has battled depression, alcoholism and drug abuse, and Rep. Jim Ramstad, a Minnesota Republican who is a recovering alcoholic. Ramstad just announced he would not seek re-election and said he hoped to see the bill pass as his legacy.

Wellstone's son, David Wellstone, who is co-chairman of the Wellstone Action board, said he had no doubt that Pelosi supported the bill. "But it's always helpful to have the speaker pushing hard," he said. "This is just a little backup. We need the momentum. With a crowded calendar, it's hard to get your stuff going." In 1996, Paul Wellstone and Sen. Pete Domenici, R-N.M., won passage of a law banning plans that offer mental health coverage from setting lower annual and lifetime spending limits for mental treatments than for physical ailments.

Both the House and Senate bills would build on that by adding things like co-payments, deductibles and treatment limitations, a longtime goal of Wellstone's. He died in a plane crash in 2002. The Senate bill was sponsored by Edward Kennedy along with Domenici and Mike Enzi, R-Wyo. Originally, that bill called for pre-emption of state parity laws in treatment limitations and financial requirements, causing a rift between supporters of the House and Senate bills. The Senate bill dropped that provision, but David Wellstone argued the House bill was still superior because it specifically says that state laws will not be pre-empted.

The House version also specifies that if a plan provides mental health benefits, then it must cover conditions provided by the health plan with the highest average enrollment of federal employees. The Senate legislation does not include that language.

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## CURRENT AND UPCOMING EVENTS

**NEW ITEMS ARE ADDED EVERY WEEK! MAKE SURE TO CHECK IT ALL OUT!**

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>COST</u>	<u>CONTACT</u>
Sep 19 7:00 – 8:30 p.m. <i>Continues on Wed nights for 10 weeks.</i>	<b>NAMI Bridges Course in AMERICAN SIGN LANGUAGE (ASL)</b> There will be a free 10-week class entitled "Bridges". It is a course that talks about mental health issues and communication, building support, crisis planning, community support services, and healthy living. <i>This training will be presented in American Sign Language.</i>	Robert G. Sanderson Community Center for the Deaf and Hard of Hearing  5709 South 1500 West Taylorsville, Utah	Free	Scot Ferre <a href="mailto:msferre@hotmail.com">msferre@hotmail.com</a>
Sep 20 7:00 – 9:00 p.m.	<b>Parents as Partners in the IEP Process</b> Who needs an IEP? What does the referral and evaluation process entail? How are IEPs developed? What are my legal rights? These and many other questions will be addressed. Please pre-register for this free workshop.	Riverdale Elementary 1160 West 4400 South Riverdale, Utah	Free	(800) 468-1160 (801) 272-1051
★ NEW ★ Sep 20 7:00 – 9:00 p.m.	<b>Parents as Partners in the IEP Process</b> Who needs an IEP? What does the referral and evaluation process entail? How are IEPs developed? What are my legal rights? These and many other questions will be addressed. Please pre-register for this free workshop.	Kathy Self's House	Free	(800) 468-1160 (801) 272-1051
Sep 21 5:00 p.m.	<b>Back to School Information Fair</b> This will be an informative and fun opportunity to get lots of information, have fun, eat, get entertained, and play games! Door prizes will also be given away. <i>Sponsored and hosted by the Jordan Valley Family to Family Network.</i>	Jordan Valley School 7501 South 1000 East Midvale, Utah	Free	412-2500
★ NEW ★ Sep 21 – Oct 12	<b>Mobility Art Show</b> <b>Interactive Mobiles Created by</b> <b>Kindred Spirits Artists</b>	Art Access Gallery	Free	(801) 328-0703
Sep 22	<b>Hydrocephalus</b> <b>Association of Utah Walk</b> Come join us on Saturday, September 22 for Utah's first annual TEAM Hydrocephalus. Their TEAM event will be a 1.4 mile walk, run, bike, and wheel around Sugarhouse Park followed by a post-walk party. The money raised at this event will be directed to the Hydrocephalus Association's mission of providing support, education, and advocacy to all those affected by hydrocephalus.	Sugarhouse Park Salt Lake City, Utah	View Website	<a href="http://www.hydroassoc.org/TEAM.htm">http://www.hydroassoc.org/TEAM.htm</a>
★ NEW ★ Sep 22	<b>Cooper Bowden Memorial</b> <b>Golf Tournament</b>	River Oaks Golf Course 9300 S. Riverside Drive Sandy, Utah	\$70.00	Melanie (801) 748-1733

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>COST</u>	<u>CONTACT</u>
★ NEW ★ Sep 25 10:00 a.m. – 12:00 p.m.	<b>Stress...and What to do about it!</b> Utah Parent Center's Stress management class	Vernal	Free	(800) 468-1160 (801) 272-1051
★ NEW ★ Sep 25 7:00 – 9:00 p.m.	<b>Parents as Partners in the IEP Process</b> Who needs an IEP? What does the referral and evaluation process entail? How are IEPs developed? What are my legal rights? These and many other questions will be addressed. Please pre-register for this free workshop.	Prime Time for Kids 1360 West Highway 40 Vernal, Utah	Free	Carolyn Watson (435) 789-5409
★ NEW ★ Sep 28 6:30 – 8:30 p.m.	<b>Stress...and What to do about it!</b> Utah Parent Center's Stress management class	Kanab High School 59 East Cowboy Drive Kanab, Utah	Free	Julie Brown (435) 644-2461
★ NEW ★ Sep 29 9:00 a.m. – 2:00 p.m.	<b>Parents as Partners in the IEP Process</b> Who needs an IEP? What does the referral and evaluation process entail? How are IEPs developed? What are my legal rights? These and many other questions will be addressed. Please pre-register for this free workshop as lunch will be provided for free as well. <b>AND</b> <b>Transition to Adult Services</b>	Kanab High School 59 East Cowboy Drive Kanab, Utah	Free	Julie Brown (435) 644-2461
Sep 26 - 28	<b>Utah Fall Substance Abuse Conference</b> "Just Say No" This year's conference includes keynotes from nationally recognized authorities.	The Dixie Center St. George, Utah	Online Early Bird Registration	<a href="http://www.dsamh.utah.gov">www.dsamh.utah.gov</a>
Sep 26 10:30 a.m. – 12:30 p.m.	<b>Power in the Parent</b> Come learn: how to approach the IEP process and how to understand how the school should live up to the IEP. A supervised children's room will be provided if requested by September 19. <i>Sponsored and hosted by the Daytime Family to Family Network.</i>	DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES (DSPD) Regional Offices 655 East 4500 South Salt Lake City, Utah	Free	Karen Smith 272-2606 Carolyn Mulholland 943-7709
Sep 26 6:30 p.m.	<b>Primary Children's Medical Center Family Seminar</b> "Understanding and Managing Difficult Behaviors in Children with Neurological Conditions: Why is my child struggling and how can I help?" These questions will be addressed: Does my child's neurological condition lead to behavioral difficulties? How can I better understand my child's behavior?	Primary Children's Medical Center Rehab 3845 West 4700 South Taylorsville, Utah Light refreshments will be served.	Free Parents and caregivers only, please	840-4360

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>COST</u>	<u>CONTACT</u>
Sep 26 7:00 – 8:30 p.m. <i>Continues on Wed nights for 10 weeks.</i>	<b>NAMI Bridges Course in AMERICAN SIGN LANGUAGE (ASL)</b> There will be a free 10-week class entitled "Bridges". It is a course that talks about mental health issues and communication, building support, crisis planning, community support services, and healthy living. <i>This training will be presented in American Sign Language.</i>	Robert G. Sanderson Community Center for the Deaf and Hard of Hearing  5709 South 1500 West Taylorsville, Utah	Free	Scot Ferre <a href="mailto:msferre@hotmail.com">msferre@hotmail.com</a>
Sep 28 8:00 a.m. – 5:00 p.m.	<b>NAMI 2007 State Conference</b> "Learning from the Past, Looking to the Future"	Utah Cultural Center West Valley City, UT	Check Website	(801) 323-9900 (877) 230-6264 <a href="http://www.namiut.org">www.namiut.org</a>
Sep 28 – 29 8:30 a.m. – 4:00 p.m. (Both days)	<b>Families Focusing on Employment Issues Training</b> Hosted by the Utah Developmental Disabilities Council (UDDC) Presented by: Jared Schultz, Ph.D. Do you have a family member with a developmental disability who needs a job or is graduating soon from school or who is on the waiting list for day or employment services? This two-day interactive workshop is designed for two family members/friends to come together to learn techniques and strategies that you can put into place to find a job and keep your family member working.	Utah Developmental Disabilities Council Conference Room  150 South 300 West Suite 100 Salt Lake City  Lunch will be on your own	<b>\$20</b> per couple (two people) attending per person with DD  (non- refundable)  Limited Scholarships Available	Utah Developmental Disabilities Council (801) 533-3965 (800) 333-8824 <a href="http://www.utahddc.org">www.utahddc.org</a>
Sep 29 10:00 a.m.	<b>NAMI Walks for the Mind of America 5K and Entertainment</b>	Franklin Covey Field Salt Lake City, Utah	Check Website	(801) 323-9900 (877) 230-6264 <a href="http://www.namiut.org">www.namiut.org</a>
★ NEW ★ Oct 2 10:00 a.m. – 2:00 p.m.	<b>Transition Roundtables</b> The focus of this meeting will be improving employability skills of youth with disabilities while they are in school.	Iron County School District Offices Cedar City, Utah	Free	<a href="http://www.updc.org">www.updc.org</a> <a href="mailto:susan.lovings@schools.utah.gov">susan.lovings@schools.utah.gov</a>
Oct 3 8:30 a.m. – 4:00 p.m.	<b>Utah State Developmental Center 2007 Annual Fall Conference</b> Keynote Speakers: Linda LaPointe, M.R.A., author of "The Joy of Supervision: Back to the Basic ABC's" and Amanda Dickson J.D.; breakout sessions will also be presented. Lunch will be provided.	895 North 900 East American Fork, Utah	\$45	Sherilyn Kent (801) 763-4008 <a href="http://www.mrau.org/aboutUSDC.htm">www.mrau.org/aboutUSDC.htm</a>
Oct 3 7:00 – 8:30 p.m. <i>Continues on Wed nights for 10 weeks.</i>	<b>NAMI Bridges Course in AMERICAN SIGN LANGUAGE (ASL)</b> There will be a free 10-week class entitled "Bridges". It is a course that talks about mental health issues and communication, building support, crisis planning, community support services, and healthy living. <i>This training will be presented in American Sign Language.</i>	Robert G. Sanderson Community Center for the Deaf and Hard of Hearing  5709 South 1500 West Taylorsville, Utah	Free	Scot Ferre <a href="mailto:msferre@hotmail.com">msferre@hotmail.com</a>

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>COST</u>	<u>CONTACT</u>
★ <b>UPDATED</b> ★ Oct 4 12:30 – 2:00 p.m.	<b>Legislative Coalition for People with Disabilities (LCPD) Meeting</b> State agency directors (or their designees) will present their agency budget and legislative priorities for the 2008 legislative session. Take advantage of this opportunity to interact with the directors while learning about the state's disability agenda for the upcoming legislative session. Plan to attend this meeting!!!	DSBVI 250 North 1950 West Salt Lake City, Utah	Free	<a href="mailto:jferre@bigplanet.com">jferre@bigplanet.com</a>
Oct 4 7:00 – 9:00 p.m.	<b>Helping Children Cope with Anxiety Workshop for Parents</b> Presented by Aureen Pinto Wagner, Ph.D.	Granite School District Auditorium 2500 South State Street	Free	Holly (801) 464-2033 <a href="mailto:hollyg@udsb.org">hollyg@udsb.org</a>
Oct 4 – 5	<b>"Wild Kingdom: Welcome to the Jungle"</b> CCBD (Council for Children with Behavior Disorders) – Annual Conference Promoting Positive Behavioral Supports	Utah's Hogle Zoo (Special zoo tours on Thursday night with a social) Salt Lake City, Utah	Not Known	<a href="http://www.updc.org">www.updc.org</a>
Oct 8 7:00 – 9:00 p.m.	<b>Signing Time! Birthday Party and Live Concert</b> Hosted by Rachel, Alex, Leah, and Hopkins Starring the Signing Time! Band New songs from Series 2 DVD - Jugglers and Dancers Party favors and birthday treats This will be Signing Time! Live like no other! Shhh! It's a surprise party! Don't tell Hopkins!	Cottonwood High School 5715 South 1300 East Salt Lake City, Utah	Contact SmithTix  (All proceeds go to the Signing Time! Foundation)	<a href="http://www.signingtimefoundation.org">www.signingtimefoundation.org</a>
★ <b>NEW</b> ★ Oct 10 10:00 a.m. – 2:00 p.m.	<b>Transition Roundtable</b> The focus of this meeting will be improving employability skills of youth with disabilities while they are in school.	Jones Center Salt Lake City, Utah	Free	<a href="http://www.updc.org">www.updc.org</a> <a href="mailto:susan.lovingschools.utah.gov">susan.lovingschools.utah.gov</a>
Oct 11 7:00 – 9:00 p.m.	<b>Parents as Partners in the IEP Process</b> Who needs an IEP? What does the referral and evaluation process entail? How are IEPs developed? What are my legal rights? These and many other questions will be addressed.	Utah Parent Center 2290 East 4500 South Suite 135 Salt Lake City, Utah	Free	(800) 468-1160 (801) 272-1051
★ <b>NEW</b> ★ Oct 12 10:00 a.m. – 12:00 p.m.	<b>Transition to Adult Life – What does health have to do with it? Celebrating the paperwork!!!</b> Presented by Patti Hackett	Bureau of Children with Special Health Care Needs Building 44 North Medical Drive Salt Lake City, Utah	Free	(800) 468-1160 (801) 272-1051
October 12 7:00 – 8:30 p.m.	<b>Harvest Dance - After Hours Club</b> This club is for teens and adults with disabilities. The dance will feature: hot dogs, cookies, milk, punch, dancing, and music. Bring a friend! Staff or family members must provide any needed supervision.	Christ United Methodist Church 2375 East 3300 South Salt Lake City, Utah	\$2.00 donation appreciated	<a href="mailto:conneesch@comcast.net">conneesch@comcast.net</a>

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>COST</u>	<u>CONTACT</u>
★ NEW ★ Oct 13 9:00 a.m. – 4:00 p.m.	<b>Mini-Conference Sponsored by the Family to Family Network</b> This conference will feature a lot of great presentations and information, including workshops by the Utah Parent Center.	Carbon School District Offices 251 West 400 North Price, Utah	?	Darrelyn Davis (435) 637-3654
★ NEW ★ Oct 13 9:00 a.m. – 3:00 p.m.	<b>Horse Show and Rodeo National Ability Center</b> The Ability Center is putting on their annual horse show and rodeo. The event will feature competitions in equitation, barrel racing, relay and many more!	To be announced	?	Raeshell Sorenson (435) 200-0986 <a href="mailto:raeshells@DiscoverNAC.org">raeshells@DiscoverNAC.org</a>
★ NEW ★ Oct 16 6:30 – 8:00 p.m.	<b>What Happens After Graduation: Employment Options for Young Adults with Disabilities</b>	South Valley School 8400 South Redwood Road West Jordan, Utah	Free	Tim Riesen (801) 585-3154 <a href="mailto:Tim.Riesen@ed.utah.edu">Tim.Riesen@ed.utah.edu</a>
★ NEW ★ Oct 17 7:00 p.m.	<b>Learning Disabilities Association of Utah Seminar</b> Help for students with Learning Disabilities at school. This seminar will be presented by Janet Gibbs, Learning Disabilities Specialist, Utah State Office of Education.	Robert G. Sanderson Center for the Deaf and Hard of Hearing 5709 South 1500 West Taylorsville, Utah	Free	<a href="http://www.ldau.org">www.ldau.org</a>
Oct 18 – 19	<b>Brain Injury Association of Utah 18<sup>th</sup> Annual Family and Professionals Conference</b> Presentations will include: updates on current research, overcoming physical barriers in functional environments, succeeding at home, school and in the workplace, counseling, psychosocial interactions, working as an interdisciplinary team and more.	Davis Conference Center Layton, Utah	Not known yet, but scholarships are available	(801) 484-2240 <a href="http://www.biau.org">www.biau.org</a>
★ NEW ★ Oct 19 8:30 a.m. – 4:00 p.m.	<b>Introduction to Applied Behavioral Analysis (ABA) and Teaching Verbal Behavior in the Classroom</b>	Church of Jesus Christ of Latter-day Saints 2881 Orchard Avenue Grand Junction, CO	Free	FATE (201) 541-9833 <a href="mailto:info@thefate.org">info@thefate.org</a>
Oct 24 10:30 a.m. – 12:30 p.m.	<b>What are your questions about the Division of Services for People with Disabilities services and criteria?</b> We will have information on what DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES (DSPD) is all about. A light luncheon will be served. A supervised children's play room will be provided if requested by October 17.	Division of Services for People with Disabilities (DSPD) Regional Offices 655 East 4500 South Salt Lake City, Utah	Free	Carolyn 943-7709  Karen 272-2606

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>COST</u>	<u>CONTACT</u>
Oct 27 1:00 – 7:00 p.m.	<b>Celebrate the Arc of Utah's 49<sup>th</sup> Birthday at their Halloween Carnival</b> Enjoy some Halloween activities and games while learning about resources available for the disability community. Events will include costume contest with great prizes, psychic readings, pumpkin painting, and more!	Greek Orthodox Church 279 South 300 West Salt Lake City, Utah	Free entrance with tickets sold for activities and food	Emily Flinkstrom (801) 364-5060, ext. 18 <a href="mailto:emily@arcutah.org">emily@arcutah.org</a>
Nov 1 12:30 – 2:00 p.m.	<b>Legislative Coalition for People with Disabilities (LCPD) Meeting</b>	Division of Services for the Blind and Visually Impaired (DSBVI) 250 North 1950 West Salt Lake City, Utah	Free	<a href="mailto:jferre@bigplanet.com">jferre@bigplanet.com</a>
Nov 2 6:00 – 9:00 p.m.	<b>Out of the Box Reading Program</b> <i>Hosted by the UDSF</i> At this training you will learn: the importance of teaching your child to read; how to teach your child to read single words; how to create flashcards; and how other parents are teaching their children to read.	Granite School District Offices 2500 South State Salt Lake City, Utah	Free	(866) 922-0055 <a href="mailto:suzie@udsf.org">suzie@udsf.org</a>
Nov 3 2:00 – 5:00 p.m.	<b>Out of the Box Reading Program</b> <i>Hosted by the UDSF</i> At this training you will learn: the importance of teaching your child to read; how to teach your child to read single words; how to create flashcards; and how other parents are teaching their children to read.	Iron School District Offices 2077 West Royal Hunte Drive Cedar City, Utah	Free	(866) 922-0055 <a href="mailto:suzie@udsf.org">suzie@udsf.org</a>
Nov 9 – 10	<b>Spotlight on Autism</b> An Autism Access Educational Event.	Larry H. Miller Campus SLCC Sandy, Utah	Not available	Kim Moody (801) 661-9610 <a href="mailto:autismaccess@comcast.net">autismaccess@comcast.net</a>
Nov 8 7:00 – 9:00 p.m.	<b>Parents as Partners in the IEP Process</b> Who needs an IEP? What does the referral and evaluation process entail? How are IEPs developed? What are my legal rights? These and many other questions will be addressed. Please pre-register for this free workshop.	Utah Parent Center 2290 East 4500 South Suite 135 Salt Lake City, Utah	Free	(800) 468-1160 (801) 272-1051
★ NEW ★ Nov 13 7:00 a.m.	<b>Learning Disabilities Association of Utah (LDAU) Annual Meeting and Seminar</b> Speaker to be announced	Robert G. Sanderson Center for the Deaf and Hard of Hearing 5709 South 1500 West Taylorsville, Utah	Free	<a href="http://www.ldau.org">www.ldau.org</a>
Nov 16 – 17	<b>Families First – Preparing for the Future</b> <i>Nevada's Conference for Families of Children and Youth with Disabilities or Special Health Care Needs and the Professionals who Support Them</i> Call for presenters open now!!! Keynote: Dr. Stanley Klein	UNLV Moyer Student Union Conference Center Las Vegas, Nevada	?	Project ASSIST (800) 522-0066

<u>DATE</u>	<u>EVENT</u>	<u>LOCATION</u>	<u>COST</u>	<u>CONTACT</u>
Dec 6 12:30 – 2:00 p.m.	<b>Legislative Coalition for People with Disabilities (LCPD) Meeting</b>	Division of Services for the Blind and Visually Impaired (DSBVI) 250 North 1950 West Salt Lake City, Utah	Free	<a href="mailto:jferre@bigplanet.com">jferre@bigplanet.com</a>
Dec 13 7:00 – 9:00 p.m.	<b>Parents as Partners in the IEP Process</b> Who needs an IEP? What does the referral and evaluation process entail? How are IEPs developed? What are my legal rights? These and many other questions will be addressed. Please pre-register for this free workshop.	Utah Parent Center 2290 East 4500 South Suite 135 Salt Lake City, Utah	Free	(800) 468-1160 (801) 272-1051
Feb 13 – 15	<b>Autism Conference</b>	Ogden Eccles Conference Center	?	Jocelyn Taylor Utah State Office of Education
Feb 29 – Mar 1	<b>Family Links North 2008</b>	Mount Jordan Middle School Midvale, Utah	Undetermined	Utah Parent Center (801) 272-1051 (800) 468-1160 <a href="mailto:familylinks@utahparentcenter.org">familylinks@utahparentcenter.org</a> ↓
June 2008	<b>10<sup>th</sup> National Conference on Hydrocephalus: "It's About Life!"</b> This conference will entail a storytelling performance by the incomparable Sherman Alexie, a gondola ride to a dessert reception at mid-mountain, a family-friendly resort with pool, and their first ever Kids Camp for children ages 3 – 12.	The Canyons Resort Park City, Utah	?	(415) 432-7040

## SEARCH THE INTERNET – HELP THE UPC!

What if the Utah Parent Center (UPC) earned a penny every time you searched the Internet? Well, now we can! GoodSearch.com is a new search engine that donates half its revenue – approximately a penny per search – to the charities its users designate. You use it just as you would any other search engine – and it's powered by Yahoo!, so you get great results! Just visit [www.goodsearch.com](http://www.goodsearch.com) to start searching and download their toolbar. Be sure to enter the Utah Parent Center as the charity you want to support! Just 500 of us searching four times a day will raise about \$7,300 in a year without anyone spending a dime! Be sure to spread the word!

## THE UTAH PARENT CENTER AND CITYDEALS.COM

### Spread the News! Help us raise money while you save!

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3. **Save.** Save up to 50% on your purchase and our organization will receive 2% of all revenues generated from orders with our special code.

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*Utah Parent Center • Celebrating OVER 23 years of service!!!*

*Utah Family Voices - Family to Family Health Information Center*

*Autism Information Resources at the Utah Parent Center*

*Family to Family Network – A Program of DHS/DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES (DSPD)*

*Phone: (801)272.1051 • Toll Free Utah: (800)468.1160 • Fax: (801)272.8907*

*Email: [upcinfo@utahparentcenter.org](mailto:upcinfo@utahparentcenter.org) • Website: [www.utahparentcenter.org](http://www.utahparentcenter.org)*

*Our Mission: To help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support. The Utah Parent Center is a non-profit organization federally funded by the Office of Special Education Programs under grant #H328M020032. The Utah Parent Center (UPC) does not represent or endorse any particular point of view, unless expressly stated. Every effort is made to provide accurate and complete information. The content of this message is provided as an informational resource ONLY. For items from other individuals or organizations, we encourage readers to contact the original source with questions or concerns. Approved items will be posted. The UPC is not responsible for content contained on, distributed through, or linked, downloaded, or accessed through this message. This newsletter is NOT a discussion group and you will only receive official email newsletters from the Utah Parent Center. We do not trade nor sell the email addresses of our subscribers. Permission to forward and reprint the information herein is granted with complete attribution. Please forward this information to your friends and colleagues that may be interested in subscribing to this newsletter. You have received this message because you are on the Utah Parent Center listserv. To be removed, please contact Katie Rowley at [katie@utahparentcenter.org](mailto:katie@utahparentcenter.org).*