

**Brigham City**

**Options for Independence**

Contact: Deanne Crockett

Phone: (435) 723-2171

Email: [dcrockett@brigham.com](mailto:dcrockett@brigham.com)

Location: Box Elder Family Center  
276 North 200 East; Brigham City

Day: 4<sup>th</sup> Wednesday

Other: Respite care provided for FREE for children under 11 years old

**Carbon County**

**Price Family to Family Network (Mom's Lunch Bunch)**

Contact: Darrelyn

Phone: (435) 637-3654

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)

Location: Castle Valley Center  
755 North Cedar Hills Drive; Price

Day: Second Tuesday of each month

Time: 11:30 a.m.

**Davis County**

**UPASK – (Utah Parents of Asperger Syndrome)**

Contact: Natalie Longson

Phone: (801) 593-8652

Email: [ASnproudoft@msn.com](mailto:ASnproudoft@msn.com)

Hotmail: [UPASK@hotmail.com](mailto:UPASK@hotmail.com)

Website/Chat line: <http://groups.msn.com/UtahParentsofAspergerSyndromekids>

**Family to Family Network – North Davis**

Contact: Vickie Radl

Phone: (801) 628-6023

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)

Location: Division of Services for People with Disabilities  
1290 East 1450 South; Layton

Day: Third Wednesday of each month

Time: 6:30 - 8:30 p.m.

**MAKS Group – (Mothers of Autistic Kids) Davis School District**

Contact: Laura Anderson

Phone: (801) 936-1810

Email: [launderson@comcast.net](mailto:launderson@comcast.net)

**Iron County**

**Iron/Parowan Family to Family Network**

Contact: LuWenn Jones

Phone: (435) 586-8745

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)

**Logan**

**Family to Family Network**

Contact: Ryan Rigby  
Phone: (435) 453-6846  
Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)  
Location: 115 West Golf Course Road; Logan  
Day: Third Wednesday of each month  
Time: 7:00 p.m.

**Ogden-Weber**

**Family to Family Network**

Contact: Utah Parent Center  
Phone: (800) 468-1160  
Website: <http://www.utahfamilytofamilynetwork.org/>  
Day: No regularly scheduled meetings at this time

**Park City & Summit County**

**Autism Information**

Contact: Joy Stanley  
Phone: (435) 640-6427  
Email: [jofs@comcast.net](mailto:jofs@comcast.net)

**Summit Family to Family Network**

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)  
Location: Park City  
Day: No regularly scheduled meetings at this time

**South Davis**

**Family to Family Network**

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)  
Location: South Davis Hospital  
500 South 400 East; Bountiful  
Day: Third Thursday of each month  
Time: 7:00 p.m.

**Salt Lake County**

**UPASK – (Utah Parents of Asperger Syndrome)**

Contact: Jana Gold  
Hotmail: [UPASK@hotmail.com](mailto:UPASK@hotmail.com)  
Website/Chat line: <http://groups.msn.com/UtahParentsofAspergerSyndromekids>  
Location: Sandy Library  
10100 Petunia Way; Sandy  
Day: Fourth Tuesday of every month  
Time: 7:00 p.m.

**Utah FEAT – Families for Effective Autism Treatment**

Website: [www.utahfeat.org](http://www.utahfeat.org) (Excellent referrals for autism resources)  
Location: Changes  
Day: 2<sup>nd</sup> Monday of each month

**Big MAKS (Mother's of Autism Kids)**

Contact: Cheryl Smith [Smithfam29@msn.com](mailto:Smithfam29@msn.com)  
Day: Social activities in summer

**U of U Neuropsychiatry Institute - Autism Project**

Contact: U of U Neuropsychiatric Institute (801) 585-1212  
Location: U of U Neuropsychiatric Institute  
Cost: \$35 per session

**San Juan County**

**Montezuma Creek Family to Family Network**

Contact: Elsie  
Phone: (435) 459-9186  
Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)  
City: Montezuma Creek  
Day: No regularly scheduled meetings at this time

**Monument Valley Family to Family Network**

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)  
City: Monument Valley  
Day: No regularly scheduled meetings at this time

**Sanpete**

**Sanpete Family to Family Network**

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)  
Location: Manti  
Day: No regularly scheduled meetings at this time

**Tooele**

**Action 4 Autism**

Contact: Misty  
Phone: (435) 843-8562  
Day: 1<sup>st</sup> Tuesday of each month  
Time: 6:30 P.M.

**Utah County**

**UPASK – Utah Parents of Asperger Syndrome**

Contact: Toni Sly  
Phone: (801) 592-6409  
Email: [Tttiger200@msn.com](mailto:Tttiger200@msn.com)  
Hotmail: [UPASK@hotmail.com](mailto:UPASK@hotmail.com)  
Website/Chat line: <http://groups.msn.com/UtahParentsofAspergerSyndromekids>  
Location: Timpanogos Hospital Women's Center (North Entrance)  
Day: 2<sup>nd</sup> Wednesday  
Time: 7:00 P.M.  
Hotmail: [UPASK@hotmail.com](mailto:UPASK@hotmail.com)  
Website/Chat line: <http://groups.msn.com/UtahParentsofAspergerSyndromekids>

**Utah County Family to Family**

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)

Location: Orem Community Hospital

331 North 400 West; Orem

Day: Third Thursday of each month

Time: 7:00 p.m.

**Washington County**

**Washington Family to Family Network**

Contact: Marcee

Phone: (435) 627-0433

Website: [www.utahfamilytofamilynetwork.org/](http://www.utahfamilytofamilynetwork.org/)

Location: Division of Services for People with Disabilities

377 East Riverside Drive; Building B, Suite A

St. George

Day: Second Wednesday of each month

Time: 7:00 p.m.

**Online Autism Support Groups**

**OASIS - Asperger Syndrome Information & Support**

*Includes chat line for teenagers and adults with Asperger Syndrome*

<http://www.udel.edu/bkirby/asperger/>

**Unlocking Autism.Org – National On-line Support Network**

<http://www.unlockingautism.org>

**UPASK**

<http://groups.msn.com/UtahParentsofAspergerSyndromekids>

**Utah Autism Spectrum Support Group**

[www.msusers.com/autismcommunitydedicatedtomakingadifference](http://www.msusers.com/autismcommunitydedicatedtomakingadifference)

**Utah Parent Center Information Disclaimer**

**Utah Parent Center**

*Celebrating more than 23 years of service!!!*

**Utah Family Voices - Family to Family Health Information and Education Center**

**Family to Family Network – A Program of DHS/IDSPD**

**Phone: (801)272.1051 \* Toll Free Utah: (800)468.1160 \* Fax: (801)272.8907**

**Email: [autisminfo@utahparentcenter.org](mailto:autisminfo@utahparentcenter.org) \* Website: [www.utahparentcenter.org](http://www.utahparentcenter.org)**

*Our mission is to help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support. The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education Programs under grant #H328M020032. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Only approved items are included herein. The UPC is not responsible for information or services provided by agencies, organizations, or individuals listed. Readers are responsible to investigate resources to determine if appropriate when making informed decisions. Permission to reprint the information herein is granted with complete attribution.*