



A volunteer network of the Utah Parent Center supported by the Division of Services for People with Disabilities (DSPD)

CACHE COUNTY RESOURCE LIST

Information provided by:

Lora Meerdo

Cache County Family to Family Network Leader

Email: lmeerdo@comcast.net

FB: [Cache Family to Family Network](https://www.facebook.com/Cache-Family-to-Family-Network)

www.utahfamilytofamilynetwork.org

I provide information, support and meaningful events to families who have a member with a disability in the Cache County area.

ADULT SERVICES

AGGIES ELEVATED

(435) 797-0688

<http://www.aggieselevated.com/>

An inclusive postsecondary education program for students with intellectual disabilities.

CACHE EMPLOYMENT AND TRAINING CENTER

275 W. 400 S., Logan

Phone: (435) 752-7952

<http://cetcsupports.org/>

Provides services for individuals with disabilities in order to maximize their vocational and/or independent living skills.

DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES (DSPD)

Intake: Toll Free – 1-877-568-0084

www.hsdspd.utah.gov

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

DEVELOPMENTAL SKILLS LABORATORY

Phone: (435) 755-0571

<http://www.cpdusu.org/projects/dsl/>

Housed on the Utah State University Campus, BRASC is a program designed to support adults with disabilities by training and maintaining the skills necessary for their greatest independence

GUARDIANSHIP ASSOCIATES OF UTAH (GAU)

(801) 533-0203

<http://guardianshiputah.org/>

Provides free information about guardianship. Has an Assisted Family guardianship program to help families obtain guardianship.

OPTIONS FOR INDEPENDENCE - LOGAN

Phone: 435-753-5353

www.optionsind.org

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs.

VOCATIONAL REHABILITATION – LOGAN OFFICE

Phone: (435) 787-3480 or (800) 560-9766

<http://www.usor.utah.gov/>

Promotes and assists individuals with disabilities in obtaining employment and increasing their independence

ASSESSMENT SERVICES

CACHE COUNTY SCHOOL DISTRICT

Joel Allred – Director of Special Education

435-752-3925

joel.allred@ccsdut.org

<http://www.ccsdut.org/>

Provides comprehensive evaluations in all areas of suspected disability to determine eligibility for special education services.

CENTER FOR PERSONS WITH DISABILITIES - UTAH STATE UNIVERSITY

Phone: 435-797-2750

<http://www.cpdusu.org/>

Serves children and adults with a wide spectrum of developmental disabilities and related health problems. Medical evaluation and treatment is also provided.

LOGAN CITY SCHOOL DISTRICT

Matt Bennett – Support Services Director

Phone: 435-755-2300

<http://www.loganschools.org/special.html>

Provides comprehensive evaluations in all areas of suspected disability to determine eligibility for special education services.

UP TO 3 EARLY INTERVENTION - UTAH STATE UNIVERSITY

435-797-3727

<http://upto3.org>

Provides early identification and developmental services for families of infants and toddlers, birth to age three.

ASSISTIVE TECHNOLOGY

UTAH ASSISTIVE TECHNOLOGY FOUNDATION

(800)524-5152

www.uatf.org

Provides zero and low interest loans to purchase assistive technology devices and services for individuals with disabilities.

UTAH ASSISTIVE TECHNOLOGY PROGRAM

Utah State University,

Center for Persons with Disabilities: Janet Quinney Lawson Bldg.

866-284-2821

<http://www.uatpat.org>

The Utah Assistive Technology Program (UATP) gets assistive technology (AT) into the hands of people who need it.

UTAH CENTER FOR ASSISTIVE TECHNOLOGY (UCAT)

Phone: (800) 887-9380

<http://ucat.usor.utah.gov>

Provides assistive technology devices and training to anyone in Utah to help them cope with functional limitations.

CHILD CARE/RESPIRE

BRIDGERLAND CHILD CARE RESOURCE AND REFERRAL

435-797-1552

<http://www.usuchild.usu.edu/>

Free referrals for child care and information on child care programs in your area.

CHILD AND FAMILY SUPPORT CENTER – LOGAN AND HYRUM

Phone: 435-752-8880

<http://childandfamilysupportcenter.org/>

Provides 24-hour crisis/respite nursery for children 11 and under, parenting education classes, children's education classes, and therapeutic services.

DEVELOPMENTAL SKILLS LABORATORY – CENTER FOR PERSONS WITH DISABILITIES

(435) 755-0571

<http://www.cpdusu.org/projects/dsl/>

Provides respite services for children, youth, and adults with disabilities.

DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES

Intake: Toll Free – 1-877-568-0084

<http://www.hsdspd.utah.gov>

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

EDUCATIONAL SERVICES

AUTISM SUPPORT SERVICES: EDUCATION, RESEARCH, AND TRAINING

UTAH STATE UNIVERSITY, THOMAS S. HIGBEE, PH.D., BCBA

(435) 797-1933

<http://sped.usu.edu/ASSERT/index.html>

The ASSERT program at Utah State University is a state-of-the-art preschool program that uses research-based instructional techniques to address the individual needs of children with autism.

AGGIES ELEVATED

(435) 797-0688

<http://www.aggieselevated.com/>

An inclusive postsecondary education program for students with intellectual disabilities.

BEAR RIVER HEAD START

877-755-0081

<http://www.brheadstart.org/>

Provides a comprehensive preschool program, Preschool Head Start and an early child development program, Early Head Start, through home-based and center-based options.

BRIDGERLAND APPLIED TECHNOLOGY COLLEGE - LOGAN

(435) 753-6780

www.batc.edu

Provides technical education designed to equip students with career and life skills.

CACHE COUNTY SCHOOL DISTRICT

Joel Allred – Director of Special Education

435-752-3925

joel.allred@ddsdut.org

<http://www.ccsdut.org/>

Offers a continuum of special education services for eligible students in the least restrictive environment for students ages 3-22.

CENTER FOR PERSONS WITH DISABILITIES, UTAH STATE UNIVERSITY

(435) 797-1981

www.cpd.usu.edu

Provides education, research and community services for students, community member and professionals. Services for individuals with disabilities include early intervention, rehabilitation and education in life skills, clinical diagnostic and evaluation, medical services and family supports.

DISABILITY RESOURCE CENTER , UTAH STATE UNIVERSITY

(435) 797-2444

www.usu.edu/drc

Provides persons with disabilities equal access to university programs, services, and activities.

LOGAN CITY SCHOOL DISTRICT

Matt Bennett – Support Services Director

Phone: 435-755-2300

<http://www.loganschools.org/special.html>

Offers a continuum of special education services for eligible students in the least restrictive environment for students ages 3-22.

LOGAN FAMILY CENTER

Phone: 435-755-5171

www.loganfamilycenter.org

Provides parenting education and skills training through workshops, classes and activities. Home visits are available.

MEDICAL RESOURCES

BEAR RIVER HEALTH DEPARTMENT

Phone: (435) 792-6500

www.brhd.org

The BRHD is responsible for providing public health services to the residents of Box Elder, Cache, and Rich County. The mission of the Department is to prevent and control disease and disability, protect the individual, community, and environment, and promote, maintain, and improve healthy lifestyles.

CACHE KIDS PEDIATRIC REHABILITATION – LOGAN

Phone: 435-716-6440

www.loganregional.org/pedsrehab

Offers comprehensive evaluation and treatment services and address each child's individual priorities in many areas including :communication, self-care, social skills, sensory integration, eating, play skills, and more!

CACHE VALLEY COMMUNITY HEALTH CENTER – LOGAN

Phone: (435) 755-6061

www.blchc.org

Provides medical, mental health/behavioral health services and dental care to the general population, low income, uninsured, and under-insured, with fees based on a sliding scale.

CACHE VALLEY COMMUNITY HEALTH CLINIC - LOGAN

(435) 752-7060

<http://intermountainhealthcare.org/hospitals/logan/communityresources/Pages/communityclinic.aspx>

Provides medical assistance for local residents without access to health insurance. There is no charge to the patient for clinic services.

CENTER FOR PERSONS WITH DISABILITIES CLINICAL SERVICES

UTAH STATE UNIVERSITY

Phone: 435-797-2750

www.cpd.usu.edu

Medical evaluation and treatment is provided to children and adults with a wide spectrum of developmental disabilities and related health problems including autism, ADHD, and learning disabilities.

MENTAL HEALTH/BEHAVIOR

BEAR RIVER MENTAL HEALTH - LOGAN

(435) 752-0750

<http://brmh.com/>

Provides substance abuse and mental health services to adults and children including emergency services and 24 hour crisis lines. Medicaid eligibility is preferred.

CACHE VALLEY COMMUNITY HEALTH CENTER – LOGAN

Phone: (435) 755-6061

www.blchc.org

Provides medical, mental health/behavioral health services and dental care to the general population, low income, uninsured, and under-insured, with fees based on a sliding scale.

USU PSYCHOLOGY COMMUNITY CLINIC

Utah State University

Phone: 435-797-3401

<http://psychology.usu.edu/hcm/community-clinic>

Graduate students under the direction of licensed PhD psychology faculty provide individual therapy, child services, couples and family counseling, and group therapy.

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

Robert Heaton

Phone: (435) 590-7749

Email: rkheaton@msn.com

Weekly support groups for parents and family members every Thursday at 7:00 PM at the Cedar City Library.

PARENT AND FAMILY SUPPORTS

AUTISM SUPPORT GROUP

Every 1st Thursday at OPTIONS for Independence
435-753-5353

<http://www.optionsind.org/>

For people with Autism, family members and friends.

FAMILY TO FAMILY NETWORK

Leader: Lora Meerdo

Email: lmeerdo@comcast.net

Facebook: Cache County Family to Family Network

Provides information, support and meaningful activities to families who have a member with a disability.

UTAH DOWN SYNDROME FOUNDATION – CACHE VALLEY

Leader: Maria Leishman

<http://www.udsf.org/cache-box-elder.php>

Families meet for activities, enjoy holiday-themed activities or getting together for a potluck at the park.

UTAH PARENT CENTER

Phone: (801) 272-1051 or (800) 468-1160

www.utahparentcenter.org

Provides training, information, referral, and assistance to parents of children and youth with ALL disabilities.

UTAH FAMILY VOICES – HEALTH INFORMATION AND SUPPORT

Phone: (801) 272-1068 or (800) 468-1160 or (801) 584-8213

www.utahfamilyvoices.org

Provides families with support and tools to make informed decisions about their child with special health care needs.

RECREATION

COMMON GROUND OUTDOOR ADVENTURES – LOGAN

(435) 713-0288

www.cqadventures.org

Provides adaptive equipment and support which enable people with disabilities to participate in outdoor recreation alongside their peers.

LOGAN AQUATIC CENTER

(435) 716-9250

<http://loganutah.org/PR/Aquatic/index.cfm>

Adaptive Aquatics is offered every Saturday from 9:00 – 11:30 AM. Families are encouraged to swim with their loved ones. There is no charge for this program.

SPECIAL OLYMPICS

E-mail: specolympics@aggiemail.usu.edu

<http://www.usu.edu/servicecenter/htm/programs/special-olympics>

Aggie Special Olympics is a part of a worldwide organization that provides year-round sports training and athletics competition in Olympic-type sports for people with intellectual disabilities.

TOP SPORTS ACTIVITIES

Phone: (435) 797-3727

www.cpdsu.org/projects/lr

Addresses the recreational needs of children and youth with disabilities. Activities include: t-ball, soccer, bowling, and swimming, cycling, canoeing, rock climbing and nature projects.