



A volunteer network of the Utah Parent Center supported by the Division of Services for People with Disabilities (DSPD)

# WASHINGTON COUNTY RESOURCE LIST

Information provided by:

**Ginger West**

Washington County Family to Family Network Leaders

Phone: (435) 574-7052

Email: [Wcf2fn@gmail.com](mailto:Wcf2fn@gmail.com)

FB: [Washington County Family to Family Network](https://www.facebook.com/WashingtonCountyFamilytoFamilyNetwork)  
[www.utahfamilytofamilynetwork.org](http://www.utahfamilytofamilynetwork.org)

*We provide information, support and meaningful events to families who have a member with a disability in the Washington County area.*

## ADULT SERVICES

### DEPARTMENT OF WORKFORCE SERVICES (DWS) – St. George Center

Phone: (435) 674-5627

<http://jobs.utah.gov/index.html>

Job training, career exploration, and supportive services.

### DISABILITY RESOURCE CENTER (DRC) – Dixie State College

Phone: (435) 652-7516

Academic advisement, assistive technology, and educational accommodations for qualified students with a physical and/or mental disability.

### DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES

Intake: Toll Free – 1-877-568-0084

[www.hsdspd.utah.gov](http://www.hsdspd.utah.gov)

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

### GUARDIANSHIP ASSOCIATES OF UTAH (GAU)

Phone: (801) 533-0203

<http://guardianshiputah.org/>

Provides free information about guardianship. Has an Assisted Family guardianship program to help families obtain guardianship for incapacitated family members who have reached the age of majority.

### MEDICAID AND HEALTH FINANCING

(801) 538-6155

<https://medicaid.utah.gov/>

Offers health insurance coverage for Utah's vulnerable populations.

### RED ROCK CENTER FOR INDEPENDENCE – ST. GEORGE OFFICE

Phone: 800-649-2340

[www.rrci.org](http://www.rrci.org)

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs.

### SOCIAL SECURITY

(435) 674-9226 or 1-800-722-1213

[www.socialsecurity.gov](http://www.socialsecurity.gov)

SSI makes monthly payments to people who have low income and few resources and are: Age 65 or older, blind or disabled.

### VOCATIONAL REHABILITATION – ST. GEORGE

Phone: (435) 673-5091

[www.usor.utah.gov/](http://www.usor.utah.gov/)

Promotes and assists individuals with disabilities in obtaining employment and increasing their independence.

## ASSESSMENT SERVICES

### CHILDREN WITH SPECIAL HEALTH CARE NEEDS, UTAH DEPT. OF HEALTH

St. George Satellite Office

Phone: (435) 251-2870 or (435) 251-2871

[www.health.utah.gov/cshcn/Satellite.html](http://www.health.utah.gov/cshcn/Satellite.html)

Diagnostic evaluations, developmental pediatrics, nursing, social work, psychology, speech and language, audiology for children and youth under 18 years of age who are at risk for or may have any physical or developmental concern.

### SOUTHWEST BEHAVIOR HEALTH CENTER – ST. GEORGE

Phone: (435) 634-5660

[www.sbhca.us/mentalhealth.html](http://www.sbhca.us/mentalhealth.html)

Medicaid provider for mental health services: Assessment, individual therapy, family therapy, group therapy, psychiatric assessment, medication management, skills development.

### THE LEARNING CENTER FOR FAMILIES (TLC)

2044 S. Mesa Palms Dr. St. George, UT

Phone: (435) 673-5353

[www.tlc4families.org/#/services](http://www.tlc4families.org/#/services)

Early Intervention Services for children with special needs aged birth to 3 and their families. Child development screenings, hearing checks, vision checks, therapy, mental health services and more.

### WASHINGTON COUNTY SCHOOL DISTRICT

Suraj Syal: Director of Special Education

Phone: (435) 673-3553

[Suraj.syal@washk12.org](mailto:Suraj.syal@washk12.org)

[www.washk12.org/special-education](http://www.washk12.org/special-education)

Provides comprehensive evaluations in all areas of suspected disability to determine eligibility for special education services.

## ASSISTIVE TECHNOLOGY

### RED ROCK CENTER FOR INDEPENDENCE – ST. GEORGE OFFICE

Phone: 800-649-2340

[www.rrci.org](http://www.rrci.org)

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs

### UTAH CENTER FOR ASSISTIVE TECHNOLOGY (UCAT)

Phone: (800) 887-9380

<http://ucat.usor.utah.gov>

Provides assistive technology devices and training to anyone in Utah to help them cope with functional limitations.

## CHILDCARE/RESPIRE

### CARE ABOUT CHILDCARE

Phone: (855) 531-2468

<http://careaboutchildcare.utah.gov>

Provides a website to help parents find professional childcare.

### DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES

Intake: Toll Free – 1-877-568-0084

[www.hsdspd.utah.gov](http://www.hsdspd.utah.gov)

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

### FAMILY SUPPORT CENTER OF WASHINGTON COUNTY

310 West 200 North, St. George

Phone: (435) 674-5133, After hours: (435) 773-0585

[www.thefamilysupportcenter.com/respite-care/](http://www.thefamilysupportcenter.com/respite-care/)

Regularly scheduled respite care can be requested up to three hours per day per family as scheduling allows. All services are free of charge. Crisis care is available 24/7.

### JOYFUL HEARTS

168 N. 100 E. #250, St. George, Utah 84770

Phone: (435) 669-8788

Offer day programs and recreational activities for children and adults with special needs.

## EDUCATIONAL SERVICES

### EARLY HEAD START WASHINGTON COUNTY

Phone: (435) 673-5353

[www.tlc4families.org/headstart/](http://www.tlc4families.org/headstart/)

Provides a comprehensive family development program for low-income pregnant women and children age birth to 3. The program promotes the physical, cognitive, social and emotional growth of infants and toddlers to ensure their school readiness.

### RED ROCK CENTER FOR INDEPENDENCE – ST. GEORGE OFFICE

Phone: 800-649-2340

[www.rrci.org](http://www.rrci.org)

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs.

### WASHINGTON COUNTY SCHOOL DISTRICT

Suraj Syal: Director of Special Education

Phone: 435-673-3553

[Suraj.syal@washk12.org](mailto:Suraj.syal@washk12.org)

<http://www.washk12.org/special-education>

Offers a continuum of special education services for eligible students in the least restrictive environment for students ages 3-22.

## MEDICAL RESOURCES

### CHILDREN WITH SPECIAL HEALTH CARE NEEDS, UTAH DEPARTMENT OF HEALTH

St. George Satellite Office

Phone: (435) 251-2870 or (435) 251-2871

[www.health.utah.gov/cshcn/Satellite.html](http://www.health.utah.gov/cshcn/Satellite.html)

Diagnostic evaluations, developmental pediatrics, nursing, social work, psychology, speech and language, audiology for children and youth under 18 years of age who are at risk for or may have any physical or developmental concern.

### DIXIE REGIONAL PEDIATRICS REHABILITATION SERVICES

Dixie Regional Health and Performance Center

652 S. Medical Center Drive St. George, UT.

Phone: (435) 251-2250

<http://intermountainhealthcare.org/services/pediatricrehab/Pages/home.aspx>

Pediatric Speech, Occupational and Physical Therapy Services.

### INTERMOUNTAIN SOUTHERN UTAH NEUROSCIENCES INSTITUTE

652 S Medical Center Dr Ste 420, St. George, UT 84790

Phone: (435) 251-6800

<http://intermountainhealthcare.org/hospitals/dixie/services/suni/about/Pages/home.aspx>

Serve patients with brain and spine injuries, pain, functional impairment, mental health issues and other related conditions.

## MENTAL HEALTH/BEHAVIOR

### SOUTHWEST BEHAVIOR HEALTH CENTER – ST. GEORGE

Phone: (435) 634-5660

[www.sbhcs.us/mentalhealth.html](http://www.sbhcs.us/mentalhealth.html)

Medicaid provider for mental health services: Assessment, individual therapy, family therapy, group therapy, psychiatric assessment, medication management, skills development.

### UTAH BEHAVIOR SERVICES

Phone: (385) 888-2009 or (801) 255-5131

[www.utahbehaviorservices.com](http://www.utahbehaviorservices.com)

Behavior and mental health services, psychiatric services, psychological testing, speech, and occupational therapy.

## PARENT AND FAMILY SUPPORTS

### FAMILY TO FAMILY NETWORK

Leaders: Nikki Nelson and Stephanie Anderson

Email: [Wcf2fn@gmail.com](mailto:Wcf2fn@gmail.com)

Facebook: Washington County Family to Family Network

Provides information, education and support to families who have a member with a disability.

### SOUTHERN UTAH AUTISM SUPPORT GROUP

Email: [southernutahautismsupportgroup@aol.com](mailto:southernutahautismsupportgroup@aol.com)

Facebook: Southern Utah Autism Support Group

[www.southernutahasg.org](http://www.southernutahasg.org)

Monthly meetings, classes and events to strengthen families of persons with Autism and related conditions.

### SOUTHERN UTAH DOWN SYNDROME ASSOCIATION

[www.sudsa.org](http://www.sudsa.org)

Facebook: Southern Utah Down Syndrome Association

Brings families in Southern Utah who have children with Down Syndrome together to work on common goals and desires for our families.

### UTAH PARENT CENTER

Phone: (801) 272-1051 or (800) 468-1160

[www.utahparentcenter.org](http://www.utahparentcenter.org)

Provides training, information, referral, and assistance to parents of children and youth with ALL disabilities.

### UTAH FAMILY VOICES – HEALTH INFORMATION AND SUPPORT

Phone: (801) 272-1068 or (800) 468-1160 or (801) 584-8213

[www.utahfamilyvoices.org](http://www.utahfamilyvoices.org)

Provides families with support and tools to make informed decisions about their child with special health care needs.

## RECREATION

### KINDERMUSIK AT THE LEARNING CENTER IN ST. GEORGE

Phone: (435) 673-5353

[www.tlc4families.org/kindermusik/](http://www.tlc4families.org/kindermusik/)

Early childhood music and movement classes for children birth to age 5

### SAND HOLLOW AQUATIC CENTER

1144 North Lava Flow Drive, St. George

Phone: (435) 627-4585

[www.sgcity.org/recreation/adultsports/swim\\_lessons\\_special.php](http://www.sgcity.org/recreation/adultsports/swim_lessons_special.php)

Offers a special needs swim session

### SILVER SPUR THERAPEUTIC RIDING ACADEMY

New Harmony, UT

Phone: (435) 535-1644

<http://silverspurridingcenter.org>

Offers equine assisted therapy tailored to each patient's needs.

### ST. GEORGE RECREATION CENTER

Phone: (435) 627-4000

[www.sgcity.org/departments/recreation/](http://www.sgcity.org/departments/recreation/)

Community education and recreation for children, youth and adults