



## WASHINGTON COUNTY RESOURCE LIST

### ADULT SERVICES

#### DEPARTMENT OF WORKFORCE SERVICES (DWS) – St. George Center

Phone: (435) 674-5627

<http://jobs.utah.gov/index.html>

Job training, career exploration, and supportive services.

#### DISABILITY RESOURCE CENTER (DRC) – Dixie State College

Phone: (435) 652-7516

Academic advisement, assistive technology, and educational accommodations for qualified students with a physical and/or mental disability.

#### DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES

Intake: Toll Free – 1-877-568-0084

[www.hsdspd.utah.gov](http://www.hsdspd.utah.gov)

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

#### GUARDIANSHIP ASSOCIATES OF UTAH (GAU)

Phone: (801) 533-0203

<http://guardianshiputah.org/>

Provides free information about guardianship. Has an Assisted Family guardianship program to help families obtain guardianship for incapacitated family members who have reached the age of majority.

#### MEDICAID AND HEALTH FINANCING

(801) 538-6155

<https://medicaid.utah.gov/>

Offers health insurance coverage for Utah's vulnerable populations.

#### RED ROCK CENTER FOR INDEPENDENCE – ST. GEORGE OFFICE

Phone: 800-649-2340

[www.rrci.org](http://www.rrci.org)

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs.

#### SOCIAL SECURITY

(435) 674-9226 or 1-800-722-1213

[www.socialsecurity.gov](http://www.socialsecurity.gov)

SSI makes monthly payments to people who have low income and few resources and are: Age 65 or older, blind or disabled.

#### VOCATIONAL REHABILITATION – ST. GEORGE

Phone: (435) 673-5091

[www.usor.utah.gov/](http://www.usor.utah.gov/)

Promotes and assists individuals with disabilities in obtaining employment and increasing their independence.

### ASSESSMENT SERVICES

#### SOUTHWEST BEHAVIOR HEALTH CENTER – ST. GEORGE

Phone: (435) 634-5660

[www.sbhcc.us/mentalhealth.html](http://www.sbhcc.us/mentalhealth.html)

Medicaid provider for mental health services: Assessment, individual therapy, family therapy, group therapy, psychiatric assessment, medication management, skills development.

#### THE LEARNING CENTER FOR FAMILIES (TLC) EARLY INTERVENTION

2044 S. Mesa Palms Dr. St. George, UT

Phone: (435) 673-5353

[www.tlc4families.org/#services](http://www.tlc4families.org/#services)

Early Intervention Services for children with special needs aged birth to 3 and their families. Child development screenings, hearing checks, vision checks, therapy, mental health services and more.

#### UTAH DEVELOPMENTAL ASSESSMENT CENTER

Phone: 801-587-2255

#### 1380 E Medical Center Drive St. George Satellite Office

<http://healthcare.utah.edu/pediatrics/services/udac/>

Diagnostic evaluations, developmental pediatrics, nursing, social work, psychology, speech and language, audiology for people who are at risk for or may have any physical or developmental concern.

#### WASHINGTON COUNTY SCHOOL DISTRICT

Suraj Syal: Director of Special Education

Phone: (435) 673-3553

[Suraj.syal@washk12.org](mailto:Suraj.syal@washk12.org)

[www.washk12.org/special-education](http://www.washk12.org/special-education)

Provides comprehensive evaluations in all areas of suspected disability to determine eligibility for special education services.

### ASSISTIVE TECHNOLOGY

#### RED ROCK CENTER FOR INDEPENDENCE – ST. GEORGE OFFICE

Phone: 800-649-2340

[www.rrci.org](http://www.rrci.org)

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs

#### UTAH CENTER FOR ASSISTIVE TECHNOLOGY (UCAT)

Phone: (800) 887-9380

<http://ucat.usor.utah.gov>

Provides assistive technology devices and training to anyone in Utah to help them cope with functional limitations.

## CHILDCARE/RESPITE

### CARE ABOUT CHILDCARE

Phone: (855) 531-2468

<http://careaboutchildcare.utah.gov>

Provides a website to help parents find professional childcare.

### DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES

Intake: Toll Free – 1-877-568-0084

[www.hsdspd.utah.gov](http://www.hsdspd.utah.gov)

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, brain injuries, and autism.

### FAMILY SUPPORT CENTER OF WASHINGTON COUNTY

310 West 200 North, St. George

Phone: (435) 674-5133, After hours: (435) 773-0585

[www.thefamilysupportcenter.com/respite-care/](http://www.thefamilysupportcenter.com/respite-care/)

Regularly scheduled respite care can be requested up to three hours per day per family as scheduling allows. All services are free of charge. Crisis care is available 24/7.

### JOYFUL HEARTS

168 N. 100 E. #250, St. George, Utah 84770

Phone: (435) 669-8788

Offer day programs and recreational activities for children and adults with special needs.

## COMMUNITY SUPPORT SERVICES

### Disability Law Center

Phone: (801)-363-1347

[www.disabilitylawcenter.org](http://www.disabilitylawcenter.org)

Protects the human and civil rights for people with disabilities in Utah through legal advocacy. Services are free.

### DIVISION OF SERVICES FOR PEOPLE WITH DISABILITIES (DSPD)

INTAKE: TOLL FREE – 1-877-568-0084

[WWW.HSDSPD.UTAH.GOV](http://WWW.HSDSPD.UTAH.GOV)

Supported living, respite care, residential habilitation, day supports and supported employment for children and adults with intellectual disabilities, physical disabilities, and brain injuries.

### FAMILY HEALTH CARE COMMUNITY HEALTH

25 N 100 E SUITE 102, ST GEORGE

PHONE: (435)986-2565 MEDICAL

(435)359-2165 DENTAL

Provides outstanding health care for every person. If you do not have insurance, they can help. They can help see if you qualify for Medicaid. Then we offer a Sliding Fee Discount Program based on family size and income, so a typical medical visit will cost between \$25 – \$80. Can help with prescriptions, dental, mental health, and medical.

### HOUSING AUTHORITY

975 N 725 W, St. George

Phone: (435) 628-3648

Provides low income housing assistance.

**Guardianship Associates of Utah**

Phone: (801)-533-0203

[www.guardianshiputah.org](http://www.guardianshiputah.org)

Provides free information about guardianship. Has an assisted family guardianship program to help families obtain guardianship.

### Heat Program, Utility Assistance

Address: 168 N 100 E, St George

Phone: (435) 652-9643

### Social Security Administration

Phone: 1-(877)378-9081

[www.socialsecurity.gov](http://www.socialsecurity.gov)

Handles federal program for SSI, Medicare and disability benefits.

### Utah Department of Workforce Services

Phone (866)435-7414

<http://jobs.utah.gov>

Employment services, food stamps, financial assistance, medical assistance, child care assistance, unemployment assistance.

### Vocational Rehabilitation

Address: 965 E 700 S #202, St George

Phone: (435) 673-5091

Promotes and assists individuals with special needs in obtaining employment and increasing their independence.

## EDUCATIONAL SERVICES

### THE LEARNING CENTER FOR FAMILIES (TLC) EARLY INTERVENTION

2044 S. Mesa Palms Dr. St. George, UT

Phone: (435) 673-5353

[www.tlc4families.org/#!/services](http://www.tlc4families.org/#!/services)

Early Intervention Services for children with special needs aged birth to 3 and their families. Child development screenings, hearing checks, vision checks, therapy, mental health services and more.

### RED ROCK CENTER FOR INDEPENDENCE – ST. GEORGE OFFICE

Phone: 800-649-2340

[www.rrci.org](http://www.rrci.org)

Independent living skills, peer support, assistive technology, educational advocacy services, youth programs.

### WASHINGTON COUNTY SCHOOL DISTRICT

Suraj Syal: Director of Special Education

Phone: 435-673-3553

[Suraj.syal@washk12.org](mailto:Suraj.syal@washk12.org)

<http://www.washk12.org/special-education>

Offers a continuum of special education services for eligible students in the least restrictive environment for students ages 3-22.

## MEDICAL RESOURCES

### CHILDREN WITH SPECIAL HEALTH CARE NEEDS, UTAH DEPARTMENT OF HEALTH

St. George Satellite Office

Phone: (435) 251-2870 or (435) 251-2871

[www.health.utah.gov/cshcn/Satellite.html](http://www.health.utah.gov/cshcn/Satellite.html)

Diagnostic evaluations, developmental pediatrics, nursing, social work, psychology, speech and language, audiology for children and youth under 18 years of age who are at risk for or may have any physical or developmental concern.

### DIXIE REGIONAL PEDIATRICS REHABILITATION SERVICES

Dixie Regional Health and Performance Center

652 S. Medical Center Drive St. George, UT.

Phone: (435) 251-2250

<http://intermountainhealthcare.org/services/pediatricrehab/Pages/home.aspx>

Pediatric Speech, Occupational and Physical Therapy Services.

### INTERMOUNTAIN SOUTHERN UTAH NEUROSCIENCES INSTITUTE

652 S Medical Center Dr Ste 420, St. George, UT 84790

Phone: (435) 251-6800

<http://intermountainhealthcare.org/hospitals/dixie/services/suni/about/Pages/home.aspx>

Serve patients with brain and spine injuries, pain, functional impairment, mental health issues and other related conditions.

## MENTAL HEALTH/BEHAVIOR

### ALLIES WITH FAMILIES

**Tawni Cottam (435) 986-8707**

**Amanda Laird (435) 634-567**

**St. George**

Allies with families, the Utah Chapter of the Federation of Families for Children's Mental Health, was created in 1991 to offer practical support and resources for parents and their children with emotional, behavioral, and mental health needs.

### National Alliance on Mental Illness (NAMI)

**Phone: (801) 369-9119**

**St. George**

<http://namiut-sw.org/>

Weekly support groups for parents and family members.

### SOUTHWEST BEHAVIOR HEALTH CENTER – ST. GEORGE

**Phone: (435) 634-5660**

[www.sbhcc.us/mentalhealth.html](http://www.sbhcc.us/mentalhealth.html)

Medicaid provider for mental health services: Assessment, individual therapy, family therapy, group therapy, psychiatric assessment, medication management, skills development.

### UTAH BEHAVIOR SERVICES

**Phone: (801) 272-5131**

**359 E Riverside Dr. St George**

[www.utahbehaviorservices.com](http://www.utahbehaviorservices.com)

Behavior and mental health services, psychiatric services, psychological testing, speech, and occupational therapy.

## PARENT AND FAMILY SUPPORTS

### FAMILY TO FAMILY NETWORK

**Leaders: Nikki Nelson and Stephanie Anderson**

**Email: [Wcf2fn@gmail.com](mailto:Wcf2fn@gmail.com)**

**Facebook: Washington County Family to Family Network**

Provides information, education and support to families who have a member with a disability.

### SOUTHERN UTAH AUTISM SUPPORT GROUP

**Email: [southernutahautismsupportgroup@aol.com](mailto:southernutahautismsupportgroup@aol.com)**

**Facebook: Southern Utah Autism Support Group**

[www.southernutahasg.org](http://www.southernutahasg.org)

Monthly meetings, classes and events to strengthen families of persons with Autism and related conditions.

### SOUTHERN UTAH DOWN SYNDROME ASSOCIATION

[www.sudsa.org](http://www.sudsa.org)

**Facebook: Southern Utah Down Syndrome Association**

Brings families in Southern Utah who have children with Down Syndrome together to work on common goals and desires for our families.

### UTAH PARENT CENTER

**Phone: (801) 272-1051 or (800) 468-1160**

[www.utahparentcenter.org](http://www.utahparentcenter.org)

Provides training, information, referral, and assistance to parents of children and youth with ALL disabilities.

### UTAH FAMILY VOICES – HEALTH INFORMATION AND SUPPORT

**Phone: (801) 272-1068 or (800) 468-1160 or (801) 584-8213**

[www.utahfamilyvoices.org](http://www.utahfamilyvoices.org)

Provides families with support and tools to make informed decisions about their child with special health care needs.

## RECREATION

### KINDERMUSIK AT THE LEARNING CENTER IN ST. GEORGE

**Phone: (435) 673-5353**

[www.tlc4families.org/kindermusik/](http://www.tlc4families.org/kindermusik/)

Early childhood music and movement classes for children birth to age 5

### SAND HOLLOW AQUATIC CENTER

**1144 North Lava Flow Drive, St. George**

**Phone: (435) 627-4585**

[www.sgcity.org/recreation/adultsports/swim\\_lessons\\_special.php](http://www.sgcity.org/recreation/adultsports/swim_lessons_special.php)

Offers a special needs swim session

### SILVER SPUR THERAPEUTIC RIDING ACADEMY

**New Harmony, UT**

**Phone: (435) 535-1644**

<http://silverspurridingcenter.org>

Offers equine assisted therapy tailored to each patient's needs.

### ST. GEORGE RECREATION CENTER

**Phone: (435) 627-4000**

[www.sgcity.org/departments/recreation/](http://www.sgcity.org/departments/recreation/)

Community education and recreation for children, youth and adults